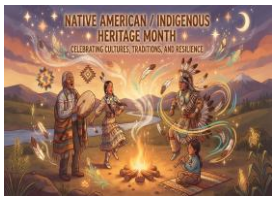
November 2026 IN-HOUSE MENU

SouthEast Seattle Senior Center
Vibrant Diverse Caring

Community Dining Hours: 12:00 – 12:45pm / Suggested $5 donation – ** The menu items are subject to change without notice. ** While we cannot meet all dietary needs, there is a daily vegetarian option available.* rev: 10/09/26

Mon.	Tue.	Wed.	Thu.	Fri.
				
2 Salmon Noodle Casserole w/Peas and Carrots Fruit	3 Homemade Chicken Noodle Soup Garden Salad Fruit	4 Grilled Beef Hot Dogs Roasted Potatoes Coleslaw Fruit	5 BBQ Chicken Mashed Potatoes Garden Salad Fruit	6 Beef Bean Chili Green Salad Cornbread Fruit
9 Pesto Salmon Butter Noodles Garden Salad Fruit	10 Apricot Chicken Mixed Vegetables Rice Fruit	11  SESSC is closed in observance of Veterans Day	12 Beef Sloppy Joe Roasted Potatoes Garden Salad Fruit	13 Chicken & Sausage Gumbo Green Salad Rice Fruit
16 Spaghetti Bolognese Garden Salad Fruit	17 Salisbury Steak Mashed Potatoes Mixed Veggies Fruit	18 Chef Salad w/ Smoked Ham Roll Fruit	19 Salmon Noodle Casserole w/Peas and Carrots Fruit	20 Homemade Chicken Noodle Soup Garden Salad Fruit
23 SW Fried Chicken Scalloped Potatoes Garden Salad Fruit	24 Tuna Noodle Casserole w/Peas and Carrots Fruit	25 BBQ Chicken Sandwich Potato Salad Coleslaw Fruit	26  SESSC is closed in observance of Thanksgiving Day	27  SESSC is closed in observance of Native American Heritage Day
30 SW Baked Chicken Mashed Potatoes Garden Salad Fruit				