SouthEast Seattle Senior Center

Vibrant Diverse Caring

WHAT'S HAPPENING

2026 JULY, AUGUST, SEPTEMBER







Dear Community,

As we move into the summer season, I'm grateful for the opportunity to connect with you and reflect on the energy, resilience, and generosity that continue to define our community.

We kicked off June with incredible spirit at our Rainbow Bingo Fundraiser—an evening filled with connection, celebration, and support for the programs and services that so many rely on. Thank you to everyone who attended and contributed to making that event such a success. **Next Rainbow Bingo: Sept 4. Don't miss it.**

This summer, we are especially proud to continue highlighting the individuals who help sustain our work through our **Volunteer Spotlight** series. In June, we had the honor of recognizing Lawerence, who has devoted 12 years of service to the Center. From event support and building maintenance to lending a hand wherever needed, Lawerence exemplifies the heart of our community. We are deeply grateful for his dedication, and for all of our volunteers whose time and energy make our work possible.

Looking ahead, we are excited to carry the momentum from our **Juneteenth Celebration** into a full season of programming, events, and activities throughout July, August, and September. From community gatherings to educational and wellness opportunities, we remain committed to creating inclusive spaces where everyone feels welcomed, supported, and celebrated.

Thank you for being part of our community and for your continued support.

Together, we are building something meaningful and lasting.

With gratitude,

Brady Rainey, Executive Director

IN THIS ISSUE

In Memory & Gratitude • P. 2

Juneteenth • P. 3

Celebrations • P. 4

Social Services • P. 5

Calendar • P. 6

Calendar • P. 7

Special Events • P. 8

Board of Directors • P. 9

Honoring Our Veterans • P. 10

Monthly Giving Circle • P. 11

Resources • P. 12

IN MEMORY

We fondly remember our member who have transitioned: Teddy Lew.

IN GRATITUDE

We are grateful for the contributions made between April through June! Your support for our Senior Center and its programs is genuinely impacting the lives of seniors and their families!

Addie Downs, Albert & Amelia Peacock, Ali Hajy, Allison Schwartz, Amanda Kotchon, Ann Martin, Anthony Binh, Anton Kusak, Ariel Chester, Audria Anderson, Beulah Early, Bobby Pearson, Brenda Matter, Brenda Nelson, Brynn Regan, Carl Carter, Carla McLean, Caroline Higgins, Charles Hall, Charles Powell, Christine Larsen, Dahlia Yee, Deanna Getz, Deirdre Knowles, Diana Tobin, Donna Kimbrough, Donovan O'Brien, Dorothy Bagsby, Dorothy Chaten, Doug Harkness, Eloise Huggins, Elsie Roscoe, Emily Louise Cook, Emmy Smith, Francenna Taylor, Franklin Woods, Gerald Farmer, Ginger Seybold, Glenn Carroll, Ivan Bunin, Jaime Clark, Jami Ponath, Janine Johnson, John Spencer, Rev. Joseph Connor, Josie Gardner, Joyce Epps, Juliana West, Kara Ceriello, Kimberly Early, Korina Layne-Jones, Kyle Czeh, Labarbara Brooks, Leon Yasay, Leslie Rutherford, Lillie Sanders, Linda & Maggie Romanovitch, Lisa McIver-Somonski, Loretta McIver, Lorna Stone, Lutisher Edmondson, Lutricia Fields, Lynda Musselman, Marcia Stone, Margaret Murphy, Marjie Croston, Maria McDaniel, Maria Orosco, Marilyn Bullock, Marilyn Crabtree, Marjorie Charney, Mark Jeffries, Mary Downs, Michael Byron, Minnie Collins, Miriam Gourdine, Mitsue Schilling, Nancy & Stewart Clark, Nancy Runkle, Niko Okamoto, Pamela Nolte, Pamela Raphael, Patricia Vazquez, Paul Martin, Paula Shifley, Paula Terrell, Raymond Anderson, Rebecca Hunt, Richard Lintermans, Richard Palmer, Ridhima Gupta, Rosario Alves, Sandra Nishio, Sandra Timmer, Sara Sanford, Saundra Morgan, Sheila Harvey, Shirley Miles, Suezette Kapule, Susan Freeman, Susan Hammond, Susan Parker, Suzanne Scommodau, TA, Tais Assem, Tamlin Ott, Terry Ward, Willie Mae Edwards.

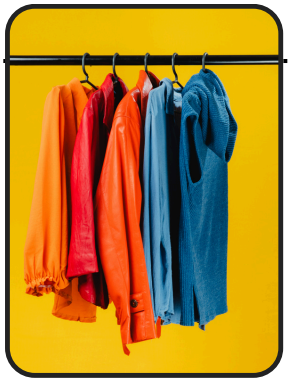
Emerald City Pantry, Georgetown Brewery, Good Blooms, Holly Court AA, Humana, Lake Washington Girls Middle School, Leschi Market, Molly Moon's, Pepsi, Tutta Bella, The Lakeshore, United Way.

IMPACT THAT NOURISHES

"I want to express my sincere appreciation to all who supported us during GiveBIG 2026. While we did not reach our fundraising goal, your generosity and belief in our mission make a meaningful difference. We truly could not do this work without you." Brady Rainey

Together, we raised more than $9,000 — enough to provide over 3,200 meals in June and July, keeping seniors nourished, connected, and thriving. **If you'd like to deepen your impact, please consider becoming a monthly donor. You can use the QR code to make a gift today.**

NEW GEMS
every single week
come thrift with us!



Hours: 10am–2pm
Monday, Tuesday, Wednesday

CHEAP CHICKADEE THRIFT SHOP

Every Dollar Stays Here—Supporting Seniors & Programs in Our Multicultural Community!

4645 S. Holly St., Seattle WA 98118 206-722-0317
Located off bus route #7 www.sessc.org

JUNETEENTH



On June 17, we came together for a meaningful Juneteenth celebration, honoring the history and significance of this important holiday. Rooted in June 19, 1865 when freedom finally reached the last enslaved people in Galveston, Texas—Juneteenth reminds us that emancipation was a journey marked by resilience, progress, and the ongoing pursuit of equality. Our event reflected this powerful legacy through education, connection, and celebration.

We are deeply grateful to our engaging presenters who made the day memorable: Christine Wheeler-Sinclair for sharing how personal Juneteenth is to the American experience; Mark Bryant for energizing the crowd with dance and fitness; Georgia McDade and the SESSC Poetry Group—featuring Marjie Croston, Joyce Epps, and Tom Neel—for their inspiring poetry; and Ashley Townes for highlighting the South End Water Stories Project. We were honored to close the day together with a moving rendition of "Lift Every Voice."

Special thanks to our dedicated volunteers and our generous sponsors, Humana and Seattle Parks & Recreation, for making this event possible. We also extend our appreciation to our valued community partners: Gladys Stewart, Joseph Rowley, AARTH, Heart to Heart, NW Kidney, AARP, SPU, and Mary Kay. Together, we honor the past, celebrate the present, and reaffirm our shared commitment to a more equitable future.

SOUTH END WATER STORIES PROJECT

Do you have memories connected to Lake Washington, South Seattle, fishing, swimming, boating, parks, creeks, family traditions, or time spent near the water?
We are inviting community members to share personal stories, reflections, and experiences about water and life around South Seattle and beyond.
Participation is flexible and comfortable.
·Interviews at the Center, outdoors, or from your home if needed
Participants may receive: ·Printed portraits/photos ·Small appreciation gift cards
·Copies of the final community guide/project
Interested in participating?
Please send an email: Ashley R. Townes, Fish Ecologist & Community Project Lead
ashley.townes@gmail.com



65TH ANNIVERSARY T-SHIRT

Celebrate 65 years with our limited-edition T-shirt, designed by volunteer Maxi Pierce.
$30 of community pride and SESSC history you can wear.
Reserve yours by calling 206-722-0317

SESSC LAND USE ACKNOWLEDGMENT

The SESSC acknowledges that it stands on the traditional lands of the Coast Salish Peoples, including the Duwamish, Suquamish, Stillaguamish, and Muckleshoot Tribes, who have stewarded this land since time immemorial. We recognize the ongoing injustices faced by Indigenous communities and are committed to fostering learning opportunities that deepen our understanding of their history, resilience, and contributions.

2026 BIRTHDAY LUNCH

Calling all July, August September Birthday Celebrants!
Join us for a Birthday Lunch on **Thursday, September 17th,** from 12:00 to 1:30pm. Enjoy live music by **CC Engel** while you reconnect with friends and savor a delightful meal. We extend a heartfelt thank you to our sponsor:

The LAKESHORE

GOOD blooms

JULY

Alfred Pimentel, Ann Wood, Deanna Getz, Dennis Zapata, Diane Miller, Eloise Huggins, Grace Howe, Irene Finch, Jacqueline Wilkins, Janine Johnson, Jeanette Yamada, Jerry Odegard, Julie Mayena, Kachi Lilly Ikeda, Kenneth Hirschhorn, Laura Greenan, Lillian Levy, Loretta Orpilla, Lubertha Jenkins, Margaret Milnes, Marilyn Crabtree, Meeca Ford, Michele Quinn, Pamela Eaton-Ford, Roy Kirita, Ruth Locke, Susana Suafoa, Suzanne Scommodau

AUGUST

Robert Taylor, Aubrey Scott, Dan Matsumoto, Robert Martinez, Prentice Henry, Nancy Toliver, Mark Jeffries, Albert Woo, Hing Ng, Wanda Montgomery, Martha Gilliam, Helen Okura, Anne Latz, Etta Williams, Doris Leonard, Joseph Connor, M L Shukis, Annie Bowie, Devaughne Cunningham, Maryetta Greaves, Juanita Lott, Betty Mathews, Bobby Pearson, Clara Hubbard, Miriam Gourdine, Rosemary Funk, Carol O'Brien, Lynda Greene, Keiko Yamaguchi, Clarence Luckett, Wilson Trang, Henry Tianen, Deloris Harris, Ruth Washington

SEPTEMBER

Lutisher Edmondson, Emilio Vigil, Janet Johnson, Fu Wan Chan, Cloteal Lollie, Donovan O'Brien, Ida Darden, Kathryn Fies, Guy Daniels, Brenda Woo, Ernestine Patterson, Emma Ruth Render, Aiko Low, Margie Hunt, Grover Haynes, Terie Akada, Mae Ohashi, Ervin Skov, Betty Warren, Mattie Watts, Catherine LeViseur, LaBarbara Brooks, Elinor Graham, Gracie Ryan, Sara Jaye Sanford, Saburo Sako, Annice Jordan



SOCIAL SERVICES

BY JAIME CLARK, MSW, LICSW

I'm thrilled to share with you over ten years of experience as a Social Worker at the SESSC. I'm here to meet with you and to address your concerns through some of life's challenging transitions. If I don't know the answer, I will do my best to connect you with someone who does.

My services are free to seniors, caregivers, and people with disabilities. I also specialize in senior and low-income housing, caregiver support, resources for people with dementia, mental health referrals, Medicaid/Medicare resources, legal referrals, home care options, and Long-term care planning.

Call or email to make an appointment with me. I look forward to working with you!

Office Availability: Monday, Tuesday, Thursday and Friday: Appointments strongly encouraged. Make an appointment by calling (206) 722-0317 or email jaimec@sessc.org

Lunch & Learn Presentations, FREE
Thursday, 1:30-3:00pm

- **7/9 - Decluttering with Theresa Hazard**

Empowering families to declutter their homes.

- **8/6 - 1:1 King County Property Tax Help**

The King County Dispute Resolution Center will be here to review and help complete your Property Tax Application in a 1:1 appt. Appts are required to be reserved a head of time. Spots are limited. Sign up at the front desk.

- **9/10 - Heart n' Soul Hospice**

Heart n' Soul Hospice will lead a community conversation about hospice services and resources.

Dementia-Friendly Printmaking with Seniors Creating Art, FREE
Mondays, 2-2:30pm from July 13 - Aug 3

Seattle Parks and Recreation, Seniors Creating Art, and SESSC welcome individuals with memory loss. Registration is required and limited.

Seattle Parks & Recreation

Seniors Creating Art

Powerful Tools for Caregivers, FREE
Thursdays, 10-11:30am, from Sept 3 - Oct 8

A free 6 week class about taking care of yourself while you care for a loved one. If you provide unpaid care for a loved one and deal with stress then this class is for you. You must complete a screening by Jaime Clark before the start of the class. **Registration closes Aug 28th.** Call 206-722-0317or email jaimec@sessc.org



Memory Café, FREE
Thursday (last of the month) 2-4pm

Our Memory Café welcomes everyone — and is especially created for people living with dementia and their loved ones. All levels of dementia are embraced here. This is not an adult-day drop-off program, so participants who need support should come with a caregiver or loved one.

Each gathering offers light appetizers and joyful activities, from live music to dance to hands-on art — all designed to spark connection, creativity, and comfort.



- **7/30 Singing Circle**
- **8/27 Taproot Improv Class**
- **9/24 Live Fiddle Music**

CALENDAR: JULY

BY ALEXANDER ARCEO, SENIOR PROGRAMMING & LOGISTICS COORDINATOR

Monday	Tuesday	Wednesday	Thursday	Friday
		**1** 9:00 Open Studio Weaving $ 9:00 Weaving Wednesdays $ 9:00 Mark's Exercise Class $ 10:00 Mark's Exercise Class $ 10:00 Cheap Chickadee 11:00 Balance, Board Games, and More 12:00 Community Dining 2:00 TangoStride $ 	2 9:00 Open Studio Weaving $ 9:00 Spinning $ 10:00 Spinning Meet-Up $ 10:30 Beach Volleyball 12:00 Community Dining 1:00 Mark's One-on-One Exercise Therapy $ 2:00 AA Holly Court Meeting	**3** **CENTER IS CLOSED** **RECOGNIZING INDEPENDENCE DAY** 
6 8:15 Blood Pres. Check with Valerie 9:00 Open Studio Weaving $ 9:00 Mark's Exercise Class $ 10:00 Mark's Exercise Class $ 10:00 Band Weaving Meet-Up $ 10:00 Cheap Chickadee 12:00 Community Dining 1:00 Mahjong **2:00 Ukulele Self-practice** 2:00 AA Holly Court Meeting 	7 9:00 Open Studio Weaving $ 9:00 Weaving Tuesdays $ 10:00 Cheap Chickadee **10:30 Tanabata Festival** 11:00 Mark's Gentle Stretch $ 12:00 Community Dining 1:00 Mexican Train Dominos 1:00 Chess 1:00 Kiwanis Meeting 1:00 DEI Program Committee Meeting 2:00 AA Holly Court Meeting 	**8** 9:00 Open Studio Weaving $ 9:00 Weaving Wednesdays $ 9:00 Heather's Massage $ 9:00 Mark's Exercise Class $ 10:00 Mark's Exercise Class $ 10:00 Fai's Embroidery, Sashiko, Mending Group $ 10:00 Cheap Chickadee 11:00 Balance, Board Games, and More 12:00 Community Dining 1:00 Fai's Rock Painting $ 2:00 TangoStride $	9 **Van Trip: Woodland Park Rose Garden $** 9:00 Open Studio Weaving $ 10:00 Brenda's Acrylic Painting Class $ 10:30 Beach Volleyball 12:00 Community Dining 1:00 Mark's One-on-One Exercise Therapy $ **1:30 Lunch & Learn: Decluttering with Theresa Hazard** 2:00 AA Holly Court Meeting 	**10** 9:00 Open Studio Weaving $ 9:00 Mark's Exercise Class $ 9:00 Happy Hands Open Sew $ 10:00 Mark's Exercise Class $ **10:00 Veterans' Coffee Hour** 10:30 Conversational Spanish 12:00 Community Dining 1:00 Mexican Train Dominos 1:00 Chess 1:00 Karaoke 2:00 SSUG Ukulele Group 2:00 AA Holly Court Meeting
13 8:15 Blood Pres. Check with Valerie 9:00 Open Studio Weaving $ 9:00 Mark's Exercise Class $ 10:00 Mark's Exercise Class $ 10:00 Cheap Chickadee 12:00 Community Dining 1:00 Mahjong 2:00 AA Holly Court Meeting 2:00 Ukulele Gatherings **2:00 Dementia-Friendly Printmaking with Seniors Creating Art** Seniors Creating Art Seattle Parks & Recreation	**14** 9:00 Open Studio Weaving $ 9:00 Weaving Tuesdays $ **9:30 Book Club: Atmosphere - Author Taylor Jenkins Reid** 10:00 Cheap Chickadee 11:00 Mark's Gentle Stretch $ 12:00 Community Dining 1:00 Mexican Train Dominos 1:00 Chess 1:00 Kiwanis Meeting 2:00 AA Holly Court Meeting 	15 9:00 Open Studio Weaving $ 9:00 Heather's Massage $ 9:00 Weaving Wednesdays $ 9:00 Mark's Exercise Class $ 10:00 Cheap Chickadee 10:00 Mark's Exercise Class $ **10:15 SESSC Poetry and Story Sharing** 11:00 Balance, Board Games, and More 12:00 Community Dining **1:00 Root Beer Float & Ice Cream Social** 2:00 TangoStride $ 	**16** **Transit Trip: Bakery Crawl, Larsens and Nielsens $** 9:00 Open Studio Weaving $ 10:30 Beach Volleyball 12:00 Community Dining 1:00 Mark's One-on-One Exercise Therapy $ **1:30 Meaningful Movies: RUSTIN** 2:00 AA Holly Court Meeting 	17 9:00 Open Studio Weaving $ 9:00 Mark's Exercise Class $ 9:00 Happy Hands Open Sew $ 10:00 Mark's Exercise Class $ 10:30 Conversational Spanish 12:00 Community Dining 1:00 Mexican Train Dominos 1:00 Chess 1:00 Karaoke 2:00 SSUG Ukulele Group 2:00 AA Holly Court Meeting

CALENDAR: JULY

BY ALEXANDER ARCEO, SENIOR PROGRAMMING & LOGISTICS COORDINATOR

Monday	**Tuesday**	Wednesday	**Thursday**	Friday
20	**21**	22	**23**	24
8:15 Blood Pres. Check with Valerie 9:00 Open Studio Weaving $ 9:00 Mark's Exercise Class $ 10:00 Mark's Exercise Class $ 10:00 Band Weaving Meet-Up $ 10:00 Cheap Chickadee 12:00 Community Dining 1:00 Mahjong **2:00 Ukulele Self-practice** 2:00 AA Holly Court Meeting **2:00 Dementia-Friendly Printmaking with Seniors Creating Art**	9:00 Open Studio Weaving $ 9:00 Weaving Tuesdays $ **10:00 Fai's How to make Booklets/ 4 weeks $** 10:00 Cheap Chickadee 11:00 Mark's Gentle Stretch $ 12:00 Community Dining 1:00 Mexican Train Dominos 1:00 Chess 1:00 Kiwanis Meeting 2:00 AA Holly Court Meeting Seattle Weavers' Guild	9:00 Open Studio Weaving $ 9:00 Heather's Massage $ 9:00 Weaving Wednesdays $ 9:00 Mark's Exercise Class $ 10:00 Fai's Embroidery, Sashiko, Mending Group $ 10:00 Cheap Chickadee 10:00 Mark's Exercise Class $ 11:00 Balance, Board Games, and More 12:00 Community Dining 1:00 Fai's Rock Painting $ 2:00 TangoStride $	9:00 Open Studio Weaving $ 10:00 Brenda's Acrylic Painting Class $ 10:30 Beach Volleyball 12:00 Community Dining 1:00 Mark's One-on-One Exercise Therapy $ 2:00 AA Holly Court Meeting 	9:00 Open Studio Weaving $ 9:00 Mark's Exercise Class $ 9:00 Happy Hands Open Sew $ 10:00 Mark's Exercise Class $ 10:30 Conversational Spanish 12:00 Community Dining 1:00 Mexican Train Dominos 1:00 Chess 1:00 Karaoke 2:00 SSUG Ukulele Group 2:00 AA Holly Court Meeting
27	**28**	29	**30**	31
8:15 Blood Pres. Check with Valerie 9:00 Open Studio Weaving $ 9:00 Mark's Exercise Class $ 10:00 Mark's Exercise Class $ 10:00 Cheap Chickadee 12:00 Community Dining 1:00 Mahjong 2:00 AA Holly Court Meeting 2:00 Ukulele Gatherings **2:00 Dementia-Friendly Printmaking with Seniors Creating Art**	9:00 Open Studio Weaving $ 9:00 Weaving Tuesdays $ **10:00 Fai's How to make Booklets/ 4 weeks $** 10:00 Cheap Chickadee 11:00 Mark's Gentle Stretch $ 12:00 Community Dining 1:00 Mexican Train Dominos 1:00 Chess 1:00 Kiwanis Meeting 2:00 AA Holly Court Meeting	9:00 Open Studio Weaving $ 9:00 Heather's Massage $ 9:00 Weaving Wednesdays $ 9:00 Mark's Exercise Class $ 10:00 Cheap Chickadee 10:00 Mark's Exercise Class $ 11:00 Balance, Board Games, and More 12:00 Community Dining 2:00 TangoStride $	9:00 Open Studio Weaving $ 10:30 Beach Volleyball 12:00 Community Dining 1:00 Mark's One-on-One Exercise Therapy $ 2:00 AA Holly Court Meeting **2:00 Memory Café: Singing Circle**	9:00 Open Studio Weaving $ 9:00 Mark's Exercise Class $ 9:00 Happy Hands Open Sew $ 10:00 Mark's Exercise Class $ 10:30 Conversational Spanish 12:00 Community Dining 1:00 Mexican Train Dominos 1:00 Chess 1:00 Karaoke 2:00 SSUG Ukulele Group 2:00 AA Holly Court Meeting

SESSC UPCOMING CLOSURES

JULY 3 (FRI): RECOGNIZING INDEPENDENCE DAY

SEPT 7 (MON): RECOGNIZING LABOR DAY







Sylvia O'Stayformore &
The Sisters of Perpetual Indulgence



Every Dollar Stays Here—Supporting Seniors & Programs in Our Multicultural Community!



ARE YOU READY?

- **Dinner, Ice cream, Beer, Wine, Jello shots**
- **Best Costume Award: Beach Theme**

Get Your Ticket Today

Secure your spot by calling 206-722-0317 or visiting online at https://bit.ly/2026Sept

Pricing:

- Tier 1: $40 purchased by 8/2
- Tier 2: $45 purchased by 8/16
- Tier 3: $50 purchased after 8/17

VETERANS' COFFEE HOUR

Fridays, 7/9, 8/14, 9/11, 10-11am
A dedicated time for veterans to gather and socialize.



WRITING LIFE'S STORIES WORKSHOP

Sept 14, 10am, 6 weeks. Everyone has a story to tell. Share yours. Learn how to capture those memories and make that story interesting to read. "Helping people preserve stories only they can tell." Delores Davis. RSVP 206-7220317
Cost: $40 including workbook keepsake



BOOK CLUB

Jul 14: Atmosphere. Author: Taylor Jenkins Reid
Aug 11: James. Author: Percival Everett
Sep 8: The Correspondent. Author: Virginia Evans

SPECIAL EVENTS

SUMMER NIGHTS AT SESSC: WEDNESDAYS, JULY 8-AUG 26, 5-7PM

JULY 13-AUG 3, DEMENTIA-FRIENDLY PRINTMAKING W SENIORS CREATING ART

AUG 6, VOLUNTEER PARK DAHLIA GARDENS - VAN TRIP

AUG 4, NIGHT OUT, 5-7PM

AUG 8, LUNCH & LEARN, 1:1 KING COUNTY PROPERTY TAX HELP, 1:30 PM

AUG 11, LINKING LEGOS FOR FUN, 1PM

AUG 14 & SEP 10, VETERANS' COFFEE HOUR, 10AM

AUG 20, MOVIES: BLUE MIRACLE, 1:30PM

AUG 25, NAME THAT TUNE/ VETERANS' EDITION, 1PM

AUG 31, EVERGREEN STATE FAIR, MONROE - TRANSIT TRIPS

SEPT 4, RAINBOW BINGO FUNDRAISER, 6PM

SEPT 10, HOUSE OF FIRE TOUR - VAN TRIP

SEPT 14, WRITING YOUR STORY WITH DELORES DAVIS - 6 WEEKS 10AM

SEPT 17, BIRTHDAY LUNCH CELEBRATION, 12PM

SEPT 17, DK MARKET: PAN-ASIAN MARKET - TRANSIT TRIP

SEPT 17, MOVIES: REZ BALL, 1:30PM

SEPT 23, LIFETIME MEMBERS CELEBRATION: 4:30PM BY INVITATION ONLY

Free & discounted theater tickets! Email Margaret or ask the front desk to get alerts at (thewolffamily2@comcast.net)

Seattle Parks & Recreation

Seniors Creating Art

Thank You! Veterans

Rainbow Bingo

The Lakeshore

Good blooms

2026 MEMBERSHIP

Where connection grows, creativity thrives, and care surrounds you, welcome to your vibrant multicultural community!

New or Renew Indiv. Membership	$100/year
Individual Lifetime Membership	$1,500

To join or renew your membership, please visit the Front Desk, scan the QRcode, or call 206-722-0317



BOARD OF DIRECTORS

We're expanding our board! Got skills in numbers, tech, law, or another strength? Let's connect! Contact Sharon Ayers at sharonay@sessc.org



Sharon Ayers
Retired Educator
Board Chair



Rev Joseph Connor
Retired Social Worker
Finance Committee Chair



Lynda Greene
Retired, SESSC ED
Board Vice Chair



Chris Jeffries
Retired, Seattle Times
Property Committee
Chair



Donna Kimbrough
Retired KCHA HR
Board Development
Committee Chair



Jen Lottis
Small Business Owner
Board Secretary



Loretta McIver
Retired, SPS Educator
Board & SESSC Special
Events Committee

VOLUNTEER NEWS

Volunteers make SESSC come alive!
No matter how you volunteer — greeting, serving, teaching, planting, creating, or sharing — you make life brighter for older adults in our community. **Want to make a difference?**
Email volunteer@sessc.org or call 206-722-0317. We'll help you find the perfect role!
This month, we are proud to introduce our **Volunteer Spotlight**, highlighting the incredible individuals who donate their time and energy to the Center. Their contributions are invaluable, we simply cannot do this work without them. We are honored to recognize **Lawerence** as our very first spotlight volunteer. He has dedicated countless hours to supporting the Center—helping set up and break down events, assisting with building maintenance, keeping our space clean, tackling the difficult task of removing blackberry vines, supporting Soul Line Dancing, and stepping up wherever needed. His commitment and generosity embody the spirit of our community, and we are deeply grateful for everything he does.



Volunteer Spotlight

For more than 12 years, Lawrence has shown up wherever he's needed. Helping people is his favorite part of volunteering — it makes him feel useful and connected. He's grateful for the Center staff who've supported him over the years, especially our social worker, and he proudly serves with Kiwanis.
He also loves line dancing. One of his favorite memories goes back to his very first visit, when he arrived with his son in a stroller and Beulah offered to watch him so Lawrence could take a tour. That small kindness stayed with him.

HONORING OUR VETERANS


Nancy


Donovan


John


Jerry


Gordon

Thank you to everyone who joined us for our first Jazz Concert in Honor of Veterans on June 26. This month, we're beginning a new series spotlighting the veterans who make our Center stronger, their service, their stories, their journeys.
You'll start seeing these features on our social media, and we'd love for you to follow along and help us honor them.
Website: www.sessc.org
Facebook and Instagram: southeastseattleseniorcenter
Youtube: sessc.seattle
TikTOK: sessc.org

Are you a veteran who'd like to be part of our Honoring Our Veterans series?
Reach out to Tais Assem at taisa@sessc.org

WELCOME TO THE TEAM

Charles Turner

We're thrilled to welcome Charles as our new cook at the Center. If you're a regular around here, you already know how friendly he is — and what an incredible cook.

We're so grateful to have him officially on our team. The food he prepared for our Juneteenth celebration was absolutely delicious, and we can't wait for you to enjoy more of his cooking.

Thank you, Charles, for bringing your talent, heart, and flavor to our community.



MONTHLY GIVING CIRCLE

Each month you give becomes nourishment — food, movement, connection, care.
Small or big, your gifts ripple into something larger.



Memory Café magic last month: our group dove into a woodworking project with volunteer instructor Linda Ro. Community, creativity, and connection in every moment.

For new donors, monthly giving becomes its own kind of heartbeat:
steady, quiet, life-giving.

Each month, our social worker, Jaime Clark, gathers neighbors, people with dementia or not, into an afternoon shaped by community, creativity, and care.

TWO EASY WAYS TO GIVE

I. Give Online

1. Use your phone camera to scan the QR Code
1. Tap the link that appears
2. Choose your donation amount
3. Select Monthly Giving to give every month
4. Enter your payment information
5. ✔️ Safe and secure
6. ✔️ Takes less than 3 minutes
7. ✔️ Set it once and you're done

II. Give at the Front Desk

1. Prefer to give in person? Visit our front desk to:
2. Make a one-time donation
3. Get help with monthly and online giving

Why Monthly Giving Matters:

- Plan programs with confidence
- Provide consistent services
- Support community events and activities
- Keep our center strong all year long
- Even $10 or $20 per month makes a lasting impact!

DIVERSITY, EQUITY, AND INCLUSION STATEMENT

At SESSC, we believe diversity, equity, and inclusion is about embracing EVERYONE! We cultivate a culture where employees, members, and participants can bring their best selves. We develop and implement initiatives that support and consider everyone. We do what it takes to build an unbiased and inclusive culture at our senior center and our community.

THE SESSC MISSION STATEMENT

We provide services, activities, and support to promote self-sufficient and fulfilling lives for aging adults (50+) in our multicultural community.

SouthEast Seattle Senior Center
Vibrant Diverse Caring
(206) 722-0317 www.sessc.org
4655 S. Holly St. Seattle, WA 98118
CHANGE SERVICE REQUESTED

Non-Profit Org.
US Postage Paid
Permit 1622
Seattle, WA



Join a community that feels like family! Explore membership perks, volunteer roles, and board opportunities. Call 206-722-0317 to jump in.

Website: www.sessc.org
Facebook and Instagram: southeastseattleseniorcenter
TikTOK: sessc.org
Youtube: sessc.seattle





RESOURCES

Notary Public Services at SESSC
Call Mary Downs at 206-722-0317 to make an appointment. Cost: $15

Holly Court AA Meetings at SESSC
This AA group meets on Monday, Tuesday, Thursday and Friday: 2:00-3:30pm and on Sundays: 6:00-7:30pm.

Medical Equipment
SESSC has a small inventory of home-health aids available. Call Jaime 206-722-0317 to learn more.

2-1-1 Community Resource Line
Dial 2-1-1 to receive information for a referral specialist in King County.

Meals on Wheels
Receive nutritionally balanced meals delivered to your door. Call Sound Generations at 206-448-3110 for more info.

Minor Home Repair
Call Sound Generations to find out if you are eligible for low-cost minor home repair at 206-448-5751

Senior Rights Assistance
For concerns about insurance, social security, and more, call Senior Rights Assistance at 206-448-5720

Transportation
Hyde Shuttle: 206-727-6262
ACCESS: 206-205-5000
Volunteer Transportation: 206-448-5740