SouthEast Seattle Senior Center

Vibrant Diverse Caring

WHAT'S HAPPENING

2026 JANUARY, FEBRUARY, MARCH



Celebrating 65 Years Strong:
Community, Connection, and Care

Dear Friends,

As we begin a new year, I want to take a moment to express my heartfelt gratitude to our incredible staff, dedicated volunteers, and our Board of Directors for another outstanding year of service. Your commitment and passion make everything we do possible.

As we look forward to 2026, we also pause to remember those we lost in 2025. Their presence enriched our community, and their memory inspires us to continue our mission with compassion and purpose.

This year, the SouthEast Seattle Senior Center will celebrate its 65th anniversary—our center is now a "senior" too! We'll be sharing more details soon about the festivities as we spend the year honoring 65 years of community impact.

As we step into 2026, let's embrace optimism and possibility. Thank you for standing with us, for believing in our mission, and for helping us make a difference every single day.

Brady Rainey, Executive Director

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IN MEMORY

We fondly remember our member who have transitioned: Larry Fowler.



IN GRATITUDE

We are grateful for the contributions made between October - December 2025! Your support for our Senior Center and its programs is genuinely impacting the lives of seniors and their families!
AA Holly Court, Ahava Goldwater, Alonia Coleman, Amazon, Ann Martin, Barbara Peete, Beverlee Redick, Brenda Radford, Brenda Tate, Byron Botler, Calvin & Ruthe Locke, Carol Roxborough-Nakamishi, Carolyn Green, Cascadia Consulting Group, Chris Jeffries, Consulting Group, Corday Hatfield, Courtney Chinn, Daffy Charitable Fund, Dawn Blanch, Deanna Getz, Deirdre Knowles, Dennis Zapata, Diana Tobin, Donna Kimbrough, Dorothy Ross, Elabeth Legesse, Elaine Yoshihara, Elinor A Graham, Elvira Fife, Emerald City Food Not Bombs, Emerald City Pantry, Emerald Heights, Etta Williams, Fai Coffin, Fernando Sanchez, Fidelity Charitable, Franklin Woods, Freda Thompson, Georgetown Brewery, Geraldine Steinaeur, Gregg Allred, Heidi Neff, Ivan Bunin, Jack Eng & Patty Buckingham, Jacqueline Weisenbach, Jamie Clark, Jamie Emerson, Janelle Hunter, Jeanette Yamada, Joan Weiss, John & Lydia Hungate, Joseph Connor, Josie Gardner & Ramona Grondim, Joyce Epps, Joyce Schergen, Judith Hightower, Julie Cummings, Kara Ceriello, Karen Rechtschaffen, Kaz Lalonde, Kimberly Early, Kimberly Seymour, Laura Pierce, Leschi Market, Linda Eng, Lisa Beaulaurier, Lisa Clark, Loretta McIver, Loretta Orpilla, Lucille Henry, Lutisher Edmondson, Lynda Greene, Lynda Musselman, Lynne Wilson, Lowe's Home Improvement, Marcia Stone, Margaret DeDecker, Margaret Yellowwolf, Maria McDaniel, Markos Weiss, Mary Downs, Mats & Kates Fund, Michael Byron, Michelle Silver, Miriam Gourdine, Mitsue Schilling, Molly Moon's Ice Cream, Nancy George, Nancy Gratton, Nicole Stellner & Peter Eberhardy, Patricia Espey, Patricia Nord, Patricia Vazquez, Paula Shifley, Pauline Bariola, Peggy Yaplee, Pepsi, Raymond James Charitable, Ridhima Gupta, Robert Cropley, Sarah Reynolds, Sarah Shriver, Saundra Morgan, Scott & Pam Nolte, Seattle Rainier Lions Club, Sharon Ayers, Stewart & Nancy Clark, Susan Freeman, Suzanne Scommodau, Tais Assem, Terry Ward, The Tudor Foundation, Thomas Yamada, Tutta Bella, Willia Mae Edwards, Winnie Chow.

GIVING THAT GROWS COMMUNITY

At SESSC, we sincerely appreciate the generosity of our community. Whether through volunteering, donations, or participation, your support is essential to keeping our programs strong and our center welcoming. With grant funding becoming more difficult to secure, your contributions are increasingly important. Every gift, large or small, helps provide meals, activities, and connection for those we serve.

Scan the QR code to explore your giving options: One-Time or Monthly Donations, Corporate, Foundation or Individual Giving, Stock or Major Gifts, Planned Giving, In-Kind Donations and Fundraisers.

Thank you for standing with us

SESSC LAND USE ACKNOWLEDGMENT

The SESC acknowledges that it stands on the traditional lands of the Coast Salish Peoples, including the Duwamish, Suquamish, Stillaguamish, and Muckleshoot Tribes, who have stewarded this land since time immemorial. We recognize the ongoing injustices faced by Indigenous communities and are committed to fostering learning opportunities that deepen our understanding of their history, resilience, and contributions.

NEW YEAR, SAME MISSION: SERVING SENIORS

2025 reminded us how vital our work is. We budgeted to serve 1,000 people per month, but nearly 1,700 individuals came through our doors seeking nourishment and care. This increase shows both the growing needs in our community and the trust people place in us.

As we celebrate these milestones, we also look ahead. To continue meeting these needs, we rely on the generosity of people like you. Your support—whether through donations, volunteering, or advocacy—keeps our programs strong and accessible. If you didn't have a chance to give last year, please consider making a contribution today. Every gift, large or small, helps us serve more people and sustain our mission.

Your Gift in Action
$25 → A week of nutritious meals for one senior
$100 → Social programs & wellness activities
$500 → Lifeline services: meals, care, and connection

78% of every dollar goes directly to senior programming.

Together, we can close the $50,000 shortfall and keep our center strong, welcoming, and life-changing for the seniors we serve.

Thank you for standing with us and for everything you do to keep our community thriving. We look forward to many more moments together.

Brady Rainey, Executive Director

DONATE NOW

What Your Gift Delivers

- $25: Provides a week's worth of nutritious meals for one senior
- $100: Supports social programs and wellness activities
- $500: Funds Lifeline services, including meals, care, and connection



Donate securely online today—your support empowers older adults in our community!

2026 BIRTHDAY LUNCH

Calling all January, February, and March Birthday Celebrants!
Join us for a Birthday Lunch on **Thursday, March 19,** from 12:00 to 1:30pm. Enjoy live music by **CC Engel** while you reconnect with friends and savor a delightful meal. We extend a heartfelt thank you to our sponsor:

The LAKESHORE

January

- Anita Legsdin
- Armin Gade
- Beverlee Redick
- Carla McLean
- Chanh Vo
- Cherie Sigrist
- Dahlia Yee
- Daphne Jones
- Dean Sanders
- Diana Tobin
- Dorothy Loudon
- Emiliano Fernandez
- Eve McClure
- Fai Coffin
- Gary Goldwater
- Gwendolyn Waterhouse
- Helen Holtzclaw
- Joan Robbins
- Joani Harr
- Jody Cooke
- Johnny Ware
- Joseph Rowley
- Karen Winston
- Karyn Hough
- Katherine McCraney
- Leah Fiorito
- Leatha Bailey
- Lillie Sanders
- Linda Harris
- Linda Zahava
- Loretta Russell
- Marcia Stone
- Margaret Garrett
- Margaret Yellowwolf
- Marjorie Fiddler
- Mary Junttila
- Maureen O'Reilly
- Muriel Moore
- Pamela Mohan
- Patricia Espey
- Patty Buckingham
- Richard Tilbury
- Samuel White
- Sera Koharu
- Sidney Brockman
- Susan Doederlein
- Sylvia Lee
- T Diane Day
- Tadele Beyene
- Therese Arntz
- Trinity Ordona
- Velma Henry
- William Young
- Willie Mae Blades

February

- Alexander Arceo
- Andrea Leon
- Ann Hazlewood
- Brenda Matter
- Carla Bunn
- Carole Stewart
- Caroline Higgins
- Charles Williams
- Curtis Pearson
- Dawn Blanch
- Deborah Ludwig
- Dominador Tolentino
- Donna Shaman
- Evelyn Fairchild
- Glenda West
- Gloria Roberts-Lenear
- Hajime Hirata
- Jeanne Simpson
- Jonita Bernstein
- Jose Broto
- Joyce Eng
- Joyce Epps
- Joyce James
- Katharine Collins
- Kenneth Taggart
- Lawrence Low
- Mae Ng
- Maria Robinson
- Masako Tomita
- Melva Lee Williamson
- Midori Garrison
- Minnie Collins
- Mitsue Kinjo Schilling
- Norma Thompson
- Pat Kihara
- Paula Shifley
- Scott Gehring
- Sharon Jack
- Sylvia Spearman
- Thomas Calvert
- Vicky White
- Viola Templeton
- William Krause
- Yohko Matsumoto

March

- Agatha Emanuel
- Alberta Nielsen
- Anita Dias
- Annie Huguley
- Antonia Dumo
- Boneva Heflin
- Bruce Martin
- Carolyn Green
- Catherine Smith
- Corday Hatfield
- Dona Ahern
- Elsie Roscoe
- Eunice Bias
- Frank Austin
- George Hunter
- Jacquinot Wesienbach
- Jiu-Fong Chang
- John Charles
- Joseph Softli
- Judith Hightower-Mills
- Judy McGough
- Kendall Meredith
- Lam Vinh Song
- Lester Session
- Linda Acevedo
- Lisa Beaulaurier
- Louise Lew
- Louise Petrasek
- Marie Jones
- Patricia Nord
- Paul Rogland
- Queen Molton
- Robert Dong
- Ruth Hooper
- Sallie Williams-Sloan
- Sandra Nishio
- Tina Turner
- Valerie Sloane
- Wendy Carlton





SOCIAL SERVICES

BY JAIME CLARK, MSW, LICSW

I'm thrilled to share with you over ten years of experience as a Social Worker at the SESSC. I'm here to meet with you and to address your concerns through some of life's challenging transitions. If I don't know the answer, I will do my best to connect you with someone who does. My services are free to seniors, caregivers, and people with disabilities. I also specialize in senior and low-income housing, caregiver support, resources for people with dementia, mental health referrals, Medicaid/Medicare resources, legal referrals, home care options, and Long-term care planning. Call or email to make an appointment with me. I look forward to working with you!

Office Availability: Monday, Tuesday, Thursday and Friday
Appointments strongly encouraged. Make an appointment by calling (206) 722-0317 or email jaimec@sessc.org

Memory Café, Thursdays, 2-4pm
Our Memory Café is open to all but is especially intended for people living with dementia and their loved ones. At our Memory Café, there will be appetizers, and activities that may include live music, dance, or art. People with any level of dementia symptoms are welcome, however this is not an adult day drop off program, so if a participant needs support they will need to be accompanied by loved one or caregiver. **Free**

Save The Date

Jan 29
Feb 26
Mar 26

Lunch & Learn Presentations!
Thursdays, 1:30-3:00pm
Come enjoy lunch with us at noon with a suggested donation of $5, followed by an engaging session.
2/5: Personal Safety with SPD with Matt Brown of SPD

Music and Movement for Better Balance and Flexibility
Wed, March 4, 11-12pm
Movement to support people living or at risk of developing Parkinsons. Parkinson's disease (PD) is a type of neurologic movement disorder, affecting the brain and causing difficulty with movements, or motor symptoms. Learn movements that support postural stability, increased range of motion and fluency. Move to the music of Motown and more. The class starts in a chair and progresses to standing. You can also stay seated the whole time if you desire. **Free**



Thank you, Susan Wickett-Ford, SilverKite® and the Expressive Dance Collective!
Thank you for bringing your beautiful energy, creativity, and movement to the Center. The final performance was truly special, and we're so grateful for the joy you shared with our community. We hope to welcome more of your inspiring classes and activities next year.

CALENDAR: JANUARY

BY ALEXANDER ARCEO, SENIOR PROGRAMMING & LOGISTICS COORDINATOR

Monday	Tuesday	Wednesday	Thursday	Friday
			**1** **CENTER IS CLOSED** **RECOGNIZING NEW YEAR'S DAY HOLIDAY** 	**2** 9:00 Open Studio Weaving $ 9:00 Mark's Exercise Class $ 9:00 Happy Hands Open Sew $ 10:00 Mark's Exercise Class $ 10:30 Conversational Spanish 12:00 Community Dining 1:00 Dominoes Mexican Train 1:00 Chess 1:00 Karaoke 2:00 SSUG Ukulele Group 2:00 AA Holly Court Meeting
5 9:00 Open Studio Weaving $ 9:00 Mark's Exercise Class $ 10:00 Mark's Exercise Class $ **10:00 Cheap Chickadee** 12:00 Community Dining 1:00 Mahjong 1:00 Soul Line Dance w Ms. Anna $ 2:00 AA Holly Court Meeting 2:00 Ukelele Gatherings	**6** 9:00 Open Studio Weaving $ 9:00 Weaving Tuesdays $ 11:00 Mark's Gentle Stretch $ 12:00 Community Dining 1:00 Dominoes Mexican Train 1:00 Chess 1:00 Kiwanis Meeting **1:00 DEI Program Committee Meeting** 1:30 Loving Self Meditation 2:00 AA Holly Court Meeting	**7** 9:00 Open Studio Weaving $ 9:00 Weaving Wednesdays $ 9:00 Mark's Exercise Class $ 10:00 Mark's Exercise Class $ **10:00 Cheap Chickadee** **11:00 Board games w Seattle Rec N' the Streets** 12:00 Community Dining 1:00 Soul Line Dance w Ms. Anna $ 2:00 TangoStride $	**8** 9:00 Open Studio Weaving $ **10:00 Brenda's Acrylic Painting Class $** 10:30 Beach Volleyball 12:00 Community Dining 1:00 Mark's One-on-One Exercise Therapy $ 2:00 AA Holly Court Meeting	**9** 9:00 Open Studio Weaving $ 9:00 Mark's Exercise Class $ 9:00 Happy Hands Open Sew $ 10:00 Mark's Exercise Class $ **10:00 Veterans' Coffee Hour** 10:30 Conversational Spanish 12:00 Community Dining 1:00 Dominoes Mexican Train 1:00 Chess 1:00 Karaoke 2:00 SSUG Ukulele Group 2:00 AA Holly Court Meeting
12 9:00 Open Studio Weaving $ 9:00 Mark's Exercise Class $ 10:00 Mark's Exercise Class $ **10:00 Cheap Chickadee** 12:00 Community Dining 1:00 Mahjong 1:00 Soul Line Dance w Ms. Anna $ 2:00 AA Holly Court Meeting **2:00 Ukelele Gatherings**	**13** 9:00 Open Studio Weaving $ 9:00 Weaving Tuesdays $ **9:30 Book Club: The Second Chance Convenience Store Author: Kim Ho-Yeon** 11:00 Mark's Gentle Stretch $ 12:00 Community Dining 1:00 Dominoes Mexican Train 1:00 Chess 1:00 Kiwanis Meeting 1:30 Loving Self Meditation 2:00 AA Holly Court Meeting	**14** 9:00 Open Studio Weaving $ 9:00 Heather's Massage $ 9:00 Weaving Wednesdays $ 9:00 Mark's Exercise Class $ **10:00 Cheap Chickadee** 10:00 Mark's Exercise Class $ **11:00 Board games w Seattle Rec N' the Streets** 12:00 Community Dining 1:00 Soul Line Dance w Ms. Anna $ 2:00 TangoStride $	**15** 9:00 Open Studio Weaving $ 10:30 Beach Volleyball 12:00 Community Dining 1:00 Mark's One-on-One Exercise Therapy $ 2:00 AA Holly Court Meeting	**16** 9:00 Open Studio Weaving $ 9:00 Mark's Exercise Class $ 9:00 Happy Hands Open Sew $ 10:00 Mark's Exercise Class $ 10:30 Conversational Spanish 12:00 Community Dining 1:00 Dominoes Mexican Train 1:00 Chess 1:00 Karaoke 2:00 SSUG Ukulele Group 2:00 AA Holly Court Meeting

CALENDAR: JANUARY

BY ALEXANDER ARCEO, SENIOR PROGRAMMING & LOGISTICS COORDINATOR

Monday	Tuesday	Wednesday	Thursday	Friday
19	**20**	**21**	**22**	**23**
CENTER IS CLOSED **RECOGNIZING MARTIN LUTHER KING, JR HOLIDAY** 	9:00 Open Studio Weaving $ 9:00 Weaving Tuesdays $ **10:00 Celebrating Martin Luther King, Jr** 10:00 Fai's Creative Play Paper $ 11:00 Mark's Gentle Stretch $ 12:00 Community Dining 1:00 Dominoes Mexican Train 1:00 Chess 1:00 Kiwanis Meeting 1:30 Loving Self Meditation 2:00 AA Holly Court Meeting	9:00 Open Studio Weaving $ 9:00 Heather's Massage $ 9:00 Weaving Wednesdays $ 9:00 Mark's Exercise Class $ **10:00 Cheap Chickadee** 10:00 Mark's Exercise Class $ **10:15 SESSC Poetry and Story Sharing** 12:00 Community Dining 1:00 Soul Line Dance w Ms. Anna $ 2:00 TangoStride $	9:00 Open Studio Weaving $ 9:00 Spinning $ **10:00 Brenda's Acrylic Painting Class $** 10:30 Beach Volleyball 12:00 Community Dining 1:00 Mark's One-on-One Exercise Therapy $ 2:00 AA Holly Court Meeting **2:00 Learn About T-Cells & Early Prevention w Erik Kimble, MD from Fred Hutch** Fred Hutch Cancer Center	9:00 Open Studio Weaving $ 9:00 Mark's Exercise Class $ 9:00 Happy Hands Open Sew $ 10:00 Mark's Exercise Class $ 10:30 Conversational Spanish 12:00 Community Dining 1:00 Dominoes Mexican Train 1:00 Chess 1:00 Karaoke 2:00 SSUG Ukulele Group 2:00 AA Holly Court Meeting
26	**27**	**28**	**29**	**30**
9:00 Open Studio Weaving $ **10:00 Annual Members Meeting: Members Only** **10:00 Cheap Chickadee** **11:00 POCAAN** 12:00 Community Dining 1:00 Mahjong 1:00 Soul Line Dance w Ms. Anna $ 2:00 AA Holly Court Meeting **2:00 Ukelele Gatherings**	9:00 Open Studio Weaving $ 9:00 Weaving Tuesdays $ 10:00 Fai's Creative Play Paper $ 11:00 Mark's Gentle Stretch $ 12:00 Community Dining 1:00 Dominoes Mexican Train 1:00 Chess 1:00 Kiwanis Meeting 1:30 Loving Self Meditation 2:00 AA Holly Court Meeting	9:00 Open Studio Weaving $ 9:00 Heather's Massage $ 9:00 Weaving Wednesdays $ 9:00 Mark's Exercise Class $ **10:00 Cheap Chickadee** 10:00 Fai's Embroidery, Sashiko, Mending Group $ 10:00 Mark's Exercise Class $ 12:00 Community Dining 1:00 Soul Line Dance w Ms. Anna $ 1:00 Fai's Rock Painting $ 2:00 TangoStride $	9:00 Open Studio Weaving $ 9:00 Spinning $ 10:30 Beach Volleyball 12:00 Community Dining **12:20 Sound Generations: Nutrition Presentation** 1:00 Mark's One-on-One Exercise Therapy $ 2:00 AA Holly Court Meeting **2:00 Memory Café**	9:00 Open Studio Weaving $ 9:00 Mark's Exercise Class $ 9:00 Happy Hands Open Sew $ 10:00 Mark's Exercise Class $ 10:30 Conversational Spanish 12:00 Community Dining 1:00 Dominoes Mexican Train 1:00 Chess 1:00 Karaoke 2:00 SSUG Ukulele Group 2:00 AA Holly Court Meeting

VETERANS' CORNER

Veterans' Coffee Hour
2nd Fridays, 1/9, 2/13, 3/13 from 10-11am
A dedicated time for veterans to gather and socialize



SESSC UPCOMING CLOSURES

Jan 1 (Thurs): New Year's Day Holidays
Jan 19 (Mon): Martin Luther King, Jr Holiday

DIVERSITY, EQUITY, AND INCLUSION STATEMENT

At SESSC, we believe diversity, equity, and inclusion is about embracing EVERYONE! We cultivate a culture where employees, members, and participants can bring their best selves. We develop and implement initiatives that support and consider everyone. We do what it takes to build an unbiased and inclusive culture at our senior center and our community.

FIELD TRIPS ARE BACK!

Join us for exciting adventures this Spring!
Sign up and pay at the Front Desk by Feb 21!
Transportation and entrance fees included (not lunch).

Transit Trips:
Apr 9: Vashon Island Tea Tasting $20
May 21: Port Orchard Waterfront $15
Jun 11: Poulsbo & Sluy's Bakery $15

Van Trips:
Apr 14: Boehm's Chocolates $35
May 26: Rhododendron Garden or Bonsai Museum $25 + ad
Jun 16: Northwest Trek Wildlife Park $46

Questions? Email Scott at scottgehring60@gmail.com with "Field Trips" in the subject line.

SPECIAL EVENTS





JAN 20 - CELEBRATING MARTIN LUTHER KING JR, 10-11AM

JAN 22 - LEARN ABOUT T-CELLS W ERIK KIMBLE MD/ FRED HUTCH, 2-3PM

Fred Hutch Cancer Center

JAN 26 - ANNUAL MEMBERS MEETING, 10-11:30AM



FEB 19 - CHINESE NEW YEAR CELEBRATION, 10-11AM





FEB 24 - CELEBRATING BLACK HISTORY MONTH, 10-11AM

MAR 09 - INTERNATIONAL WOMEN'S DAY CELEBRATION, 10-11:30AM

MAR 17 - ST. PATRICK LIMERICK AND SHAMROCK MILKSHAKE PARTY, 10-11:30AM



MAR 19 - BIRTHDAY LUNCH WITH CC ENGEL, 12-1:30PM. THANK YOU TO OUR SPONSOR: The LAKESHORE

MAR 28 - GATHER & GIVE BRUNCH FUNDRAISER, 11-1PM



MAR 31 - NAME THAT TUNE: BEATLES AND MOTOWN EDITION, 1-2:30PM



2026 MEMBERSHIP

Where connection grows, creativity thrives, and care surrounds you—welcome to your vibrant multicultural community!

Renew Individual Membership	$80/year
New Individual Membership	$100/year
Individual Lifetime Membership	$1,500

To join or renew your membership, please visit the Front Desk, scan the code, or call 206-722-0317



BOARD OF DIRECTORS

We offer our appreciation to our former board members: Phui Cooper and Dawn Crownover. Their dedication, leadership, and generosity have left a meaningful impact on our community.

We're expanding our board! Got skills in numbers, tech, law, or another strength? Let's connect! Contact Sharon Ayers at sharon.hatcher@comcast.net



Sharon Ayers
Retired Educator
Board Chair



Rev Joseph Connor
Retired Social Worker
Finance Committee Chair



Nancy Gratton
Retired, SPD & Recruiter
Safety Committee Chair



Lynda Greene
Retired, SESSC ED
Board Vice Chair



Chris Jeffries
Retired, Seattle Times
Property Committee Chair



Donna Kimbrough
Retired KCHA HR
Board Development Committee Chair



Jen Lottis
Small Business Owner
Board Secretary



Loretta McIver
Retired, SPS Educator
SESSC Special Events Committee

VOLUNTEER NEWS





Ready to make a difference? Join us today!
Contact **sesscvolunteer@sessc.org** or call 206-722-0317 to find the perfect volunteer opportunity that fits your schedule and passion.
Your time truly matters—let's keep the Center vibrant and welcoming together!

















COMMUNITY IN MOTION

BY BRADY RAINEY, EXECUTIVE DIRECTOR

Reflecting on recent months, we are proud of the incredible turnout for the **12 Days of Goodness**, a tribute to classic Seahawks players and the community they love. The **Chicken Trots** on Thanksgiving Eve and Christmas Eve, made possible by the generosity of **MG2**, brought smiles and nourishment to many. Our **Holiday Bazaar** saw record attendance, and we were honored to serve a community **Thanksgiving Dinner** thanks to the generous support of the **Seattle Rainier Lions Club, the Tudor Foundation, and the Aloha Foundation.** December's **Rainbow Bingo and Dance Party** also broke attendance records—proof that our mission is alive and thriving. We gathered over 70 members to celebrate **Mark Bryant** and welcomed more than 25 vendors for another successful **Community Resource Fair**.









Celebrating 25 Years

What a joy to celebrate our **Lifetime Members** and the 25th anniversary of the vision that began with Gisela, Cherie, Norm, and Jean. More than 30 members and guests joined us, and the evening raised 15k to sustain our programs. **Special thanks** to our staff, board, volunteers, and CC Engel who made the night unforgettable—and to our Lifetime Members, whose stories inspire us and remind us why this community matters.







Thanksgiving Dinner

We are deeply grateful to everyone who joined our 4th Annual Thanksgiving Luncheon. More than 140 people shared a day filled with warmth, gratitude, and community. Thanks to your generosity, we raised $2,000 to support meal programs. Special thanks to the Seattle Rainier Lions Club, our board, staff, and volunteers who made this celebration meaningful.









The LAKESHORE

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IN EVERYDAY LIVING

Enjoy life at The Lakeshore, one of Era Living's eight award-winning retirement communities offering picturesque retirement living enriched by connection, comfort, and friendship.

SCHEDULE YOUR TOUR TODAY

(206) 538-6230

Best of Renton 2025

BEST INDEPENDENT LIVING U.S.News & WORLD REPORT 2025

BEST IN THE PNW The Seattle Times WINNER 2025 THE PEOPLE'S CHOICE

The LAKESHORE

The Lakeshore
11448 Rainier Ave S. Seattle, WA 98178

follow us:

eraliving.com

THE SESSC MISSION STATEMENT

We provide services, activities, and support to promote self-sufficient and fulfilling lives for aging adults (50+) in our multicultural community.

JOIN NOW

Check out our Membership perks and Board opportunities! Don't miss this chance to join a great community! Call 206-722-0317

SouthEast Seattle Senior Center
Vibrant Diverse Caring
(206) 722-0317 www.sessc.org
4655 S. Holly St. Seattle, WA 98118
CHANGE SERVICE REQUESTED

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Seattle, WA

Website: www.sessc.org
Facebook and Instagram: southeastseattleseniorcenter
Youtube: southeastseattleseniorcent2194

RESOURCES

Notary Public Services at SESSC
Call Mary Downs at 206-722-0317 to make an appointment. Cost: $10

Holly Court AA Meetings at SESSC
This AA group meets on Monday, Tuesday, Thursday and Friday from 2:00-3:30pm and on Sundays from 6:00-7:30pm.

Medical Equipment
SESSC has a small inventory of home-health aids available.
Call Jaime 206-722-0317 to learn more.

2-1-1 Community Resource Line
Dial 2-1-1 to receive information for a referral specialist in King County.

Meals on Wheels
Receive nutritionally balanced meals delivered to your door. Call Sound Generations at 206-448-3110 for more info.

Minor Home Repair
Call Sound Generations to find out if you are eligible for low-cost minor home repair at 206-448-5751

Senior Rights Assistance
For concerns about insurance, social security, and more, call Senior Rights Assistance at 206-448-5720

Transportation
Hyde Shuttle: 206-727-6262
ACCESS: 206-205-5000
Volunteer Transportation: 206-448-5740