SouthEast Seattle Senior Center

Vibrant Diverse Caring

WHAT'S HAPPENING

2025 OCTOBER, NOVEMBER, DECEMBER



Dear Friends,

As we embrace the vibrant colors and cozy days of fall, I'm reminded of the incredible spirit of community that thrives at the SouthEast Seattle Senior Center. This season is full of connection, celebration, and meaningful programming—from honoring veterans at our luncheon and expo, to dancing at our lively parties, and enjoying the ever-popular Rainbow Bingo fundraisers. We're proud to celebrate our weaving students' achievements at the Puyallup Fair and honor our Lifetime Members, including recent inductees Lynda Greene and Louise Lew. Join us on Thursday, October 30 for our Lifetime Member Appreciation Event, where we'll recognize those who've generously supported the Center over the years.

Our meal programs remain strong, serving over 1,500 meals monthly thanks to partners like Sound Generations, Brown Girls Can Cook, and Aging & Disability Services. We're also grateful for individuals who make a daily impact:

- Gisela Baxter, Board Member Emeritus, for 30+ years of leadership and support.
- Addie Downs, who delivers nearly 500 meals monthly with heart.
- Mark Bryant, IPAA Award Winner and Penn Foster Graduate—join us Friday, October 17, to celebrate his 20+ years of service.

We continue to build partnerships with the City of Seattle and King County, including hosting a recent transportation forum and participating in the Graham Block Party to advocate for accessibility.

Finally, don't miss our Community Resource Fair, offering valuable support for seniors and caregivers. As we move through this season of gratitude, thank you—Members, Volunteers, Partners, and Neighbors—for being part of the SESSC family. Your support fuels everything we do.

Warmly, Brady Rainey, Executive Director

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IN MEMORY

We fondly remember our members who have transitioned
Annie MoreHouse and Gisela Baxter.



IN GRATITUDE

We are grateful for the contributions made between July-September 2025! Your support for our Senior Center and its programs is genuinely impacting the lives of seniors and their families!
AA Holly Court, Agape In Home Care, Alanon, Brian Flora, Carla McLean, Carole Stewart, Carolyn Green, Charles Hoy-Ellis, Columbia City Bouquet, Diane Miller, Donovan O'Brien, Emerald City Pantry-Julie Cummings, Emergency Food Program, Eunice Bias, Fai Coffin, Georgetwon Brewery, Gwene Waterhouse, Humana, Katherine Joostema, Laurie Kriesel-Roth, Leschi Market, Lynda Musselman, Marjie Croston, Mary Downs, Mellissa Sussman, Michael Bryon, Mitsue Schilling, Molly Moons Ice Cream, Nithin Banda, Pepsi, Peter Huisenga, Rebecca Gardner, Rosemary Rutherford, Stewart and Nancy Clark, That Brown Girl Can Cook, The Lakeshore, Timothy Capogna, Tutta Bella, Wendy Carlton.

GIVING THAT GROWS COMMUNITY

At SESSC, we sincerely appreciate the generosity of our community.
Whether through volunteering, donations, or participation, your support is essential to keeping our programs strong and our center welcoming. With grant funding becoming more difficult to secure, your contributions are increasingly important. Every gift, large or small, helps provide meals, activities, and connection for those we serve.

Scan the QR code to explore your giving options: One-Time or Monthly Donations, Corporate, Foundation or Individual Giving, Stock or Major Gifts, Planned Giving, In-Kind Donations and Fundraisers.

thank you for standing with us

SESSC Land Use Acknowledgment

The SESC acknowledges that it stands on the traditional lands of the Coast Salish Peoples, including the Duwamish, Suquamish, Stillaguamish, and Muckleshoot Tribes, who have stewarded this land since time immemorial. We recognize the ongoing injustices faced by Indigenous communities and are committed to fostering learning opportunities that deepen our understanding of their history, resilience, and contributions.

Looking Ahead with Gratitude and Excitement

As we approach the end of another remarkable year at the SouthEast Seattle Senior Center, I want to take a moment to thank you—our donors, members, and friends. Your generous support has sustained our programs and services, allowing us to continue being a place of connection, enrichment, and care for older adults in our community. We could not do this work without you, and I encourage you to keep partnering with us as we move forward. During these turbulent times, we need each other more than ever!
Looking to 2026, the board and staff are committed to building on our successes with clear goals and strategies. We aim to strengthen our wellness and nutrition programs, expand opportunities for social connection, and continue our focus on equity and access so that all seniors feel welcome and supported. Your ongoing contributions will make these initiatives possible.
I am thrilled to share exciting news: please join me in congratulating Brady Rainey on his promotion to Executive Director of the SouthEast Seattle Senior Center. He brings 20 years of leadership experience, a Masters in Finance, and a passion for serving diverse communities. With strong skills in program development, fundraising, and community engagement, Brady is well positioned to guide the Center into its next chapter of growth and impact.
We would also like to welcome Lynda Greene to the Board of Directors of the SESSC. Lynda brings a wealth of experience, knowledge, care, connection, and dedication to the center and we couldn't' be happier that she has joined the Board.
Together—with your support, our dedicated staff, and the leadership of Brady—we look forward to 2026 with optimism and purpose.
With gratitude, Dawn L. Crownover, Board President

Seattle Weavers' Guild Win Big at the Washington State Fair

We're proud to celebrate the SESSC Weavers' creativity! Visit the Ridder/Weaving Room on the second floor, Tuesdays or Wednesdays, to see their beautiful work and meet the makers.
They once again showcased their talents at the Washington State Fair in Puyallup, earning many ribbons. Entries included handspun yarns, knitted socks and scarves, wall hangings, handwoven garments, and even a knitted, stuffed emotional support chicken. These projects reflect a year of weaving, sewing, knitting, and spinning.



Susan Dirk - Won the Best in Show for her weft-faced rug (back left section of the table)
Carol Higgins - Received a blue ribbon for her round (circular and blue) tapestry, that she named, The River
Linda Stryker - Won first and second place awards for her projects, which were a blouse (blue) and purse
Cielito Pascual and Esther Reiquam - Both received blue ribbons the rugs that they made
Eve McClure - Won third place for her handwoven vest
Filip Zachoval - Received an honorable mention for his wall hanging piece (back left, red item on wall)
Kathleen Dyer - Created the emotional support chicken (center table). The chicken received a lot of hugs

POCAAN

Join us every 4th Monday of the month from 11am-3pm for a complimentary 30-minute wellness session, with medical professionals, to discuss acute health issues, chronic-disease management and mental health support. Call 206-722-0317 to schedule an appointment.

2025 BIRTHDAY LUNCH

Attention October, November, and December Birthday Celebrants! Join us for Birthday Lunch on Thursday, November 20th, 12:00-1:30pm. Enjoy live music by CC Engel as you reconnect with friends and indulge in a delicious meal. A special thank you to our sponsor:

The LAKESHORE

October

Deborah Bowler
Mark Bryant
Paul Cabarga
Jaime Clark
Marion Dillard
Linda DuPuis-Fricke
Bertha Elfalan
Michelle Fields
Susan Freeman
Steve Gary
Ida Graham
Nyra Gray
Roosevelt Jeffery
Della Jung
Suezette Kapule
Theresa Keller-Morris
Christine Kusak
Sadako Lang
Robert Latz
Edward Lowe
Loretta McIver
Kris Mikami
Charnita Moore
Saundra Morgan
Rebecca Mustoe
Miyoko Nakatsu
Mary O'Brien
Olga Roberts
Linda Romanovitch
Muriel Softli
R. Charlene Thomas
Shirley Turner

November

Kindie Abebe
Catherine Alexander
Amos Branch
Kathy Brockman
Teresa Chan
Mary Charles
Ephraim Duell
Gerald Farmer
Sei Fujiwara
Clarence Garrett
George Garrison
Nancy Gratton
Gina Hamilton
Edith Harrison
Lucille Henry
Olivia Hill
John Hungate
Clayton Jones
Brenda Knights
Phyllis Low
Donna Mackenzie
Edith Mar-Lundeen
Erika Martin
Ukwenga Oleru
Carlos Orpilla
James Redmond
Zetta Roberson
RoseElla Robinson
Fabiola Rodriguez
Dorothy Ross
Charlotte Ruff
Ernestine Sanders
Hsiou Tsu Shu
Barbara Stevens
Mary Swartley
Geneva Tanner
Iris Tansman
Eleanor Toews
Robert Wayman
Pamela Williams
Franklin Woods

December

Betty Arens
Tais Assem
Lewis Banchero
Terri Bean
Phyllis Beaumonte
Pamela Bernstein
Constance Bown
Gladys Carlson
Brenda Charles-Edwards
Margaret Croston
Marie Danielson
Leilani DelRay
Beulah Early
Becky Eastman
Richard Fairchild
Petra Goodridge
Wanda Haynes
Sheila Holmes
Leona Hooper
Kathleen Hubbard
Pammyla Hubbard
Henry Lee Jacob
Lillie Lewis
Terry Lofton
Dorothy Lower
Monte Marchetti
Joan Mason
Mary McVey
TinaMarie Moore
Noel Nee
Henri Peter-Contesse
Florence Peterschmidt
Patricia Randall
Ollie Reeves
Dorothy Roberts
Patricia Scott
Myra Shukis
Suzanne Simmons
Deborah Stark
Joanne Tilton
Christine Walenkamp
Cecilia Walsh
Maddy Williams



SOCIAL SERVICES

BY JAIME CLARK, MSW, LICSW

I'm thrilled to share with you over ten years of experience as a Social Worker at the SESSC. I'm here to meet with you and to address your concerns through some of life's challenging transitions. If I don't know the answer, I will do my best to connect you with someone who does. My services are free to seniors, caregivers, and people with disabilities. I also specialize in senior and low-income housing, caregiver support, resources for people with dementia, mental health referrals, Medicaid/Medicare resources, legal referrals, home care options, and Long-term care planning. Call or email to make an appointment with me. I look forward to working with you!

Office Availability: Monday, Tuesday, Thursday and Friday
Appointments strongly encouraged. Make an appointment by calling (206) 722-0317 or email jaimec@sessc.org

Join Us for Our Lunch & Learn Presentations! Thursdays from 1:30-3:00pm (New day and time!) Come enjoy lunch with us at noon with a suggested donation of $5, followed by an engaging session.
10/9: Providence PACE program and Agape homecare with Jeremy Edmonds and Tim Cooke
11/6: Seattle Housing Authority Section 8/ Housing Choice Voucher
12/11: American Parkinson Disease Association

Memory Café, Thursdays, 2-4pm
Our Memory Café is open to all but is especially intended for people living with dementia and their loved ones. At our Memory Café, there will be appetizers, and activities that may include live music, dance, or art. People with any level of dementia symptoms are welcome, however this is not an adult day drop off program, so if a participant needs support they will need to be accompanied by loved one or caregiver. **Free**

10/30: DIY place mats
11/20: Improv with Pam Nolte of Taproot Theater
12/18: Live Fiddle Music with Catherine Alexander and Tony Mates



SilverKite Community Arts 4Culture

Expressive Dance Collective
Tuesdays
Oct 14 - Dec 16
9:45 - 11:00am
Learn new skills, build relationships, and share your dance personality! Join SilverKite teaching artist Susan Wickett-Ford for a joyful and creative movement experience.
FREE 9 week committed series.
Registration required.

- **Powerful Tools for Caregivers:** Mon, Oct 20 - Nov 24, 10:30am-12:00pm
  A free 6 week class about taking care of yourself while you care for a loved one. If you provide unpaid care for a loved one and deal with stress, then this class is for you. **You must complete a screening by Jaime Clark before the start of the class.** Call 206-722-0317 jaimec@sessc.org Registration closes Oct 10th. **Free**
- **Dance for the Mind, Body, and Soul with Chris Daigre.** Mon, Oct 20 - Nov 24, 3:00-4:00pm
  Parkinson's disease (PD) is a type of neurologic movement disorder, affecting the brain and causing difficulty with movements, or motor symptoms. Learn movements that support postural stability, increased range of motion and fluency. Move to the music of Motown and more. The class starts in a chair and progresses to standing. You can also stay seated the whole time if you desire. **Free**
- **Medicare Open Enrollment Information at Lunch.** Tues, Oct 21, 11:30am-1:30pm
  Statewide Health Insurance Benefit Advisors will be at the center to provide information about Medicare Open Enrollment. **Free**
- **Seattle Public Utilities' Side Sewer Presentation.** Tues, Nov 4, 1:30-3:00pmThe Side Sewer Assistance Program (SSAP) offers interest-free loans to income-eligible Seattle homeowners for side sewer repairs. Side sewers carry wastewater from your home to the public sewer. Apply online, by phone, or mail through the Seattle Office of Housing. Find out if you qualify. **Free**

CALENDAR: OCTOBER

BY ALEXANDER ARCEO, SENIOR PROGRAMMING & LOGISTICS COORDINATOR

Monday	Tuesday	Wednesday	Thursday	Friday
3RD ANNUAL SOUPER BOWL SATURDAY FUND RAISER New Date! SATURDAY, JANUARY 24, 2026, 4-7PM CHOOSE A BOWL → FILL IT WITH LOCALLY MADE SOUP → DESSERT DASH → SILENT AUCTION  $65 members $70 non-members After January 9th 2026 $70 members $75 non-members Tickets on sale! at the Front Desk and online: https://bit.ly/4mwOsSG		**1** 9:00 Open Studio Weaving $ 9:00 Weaving Wednesdays $ 9:00 Mark's Exercise Class $ 10:00 Mark's Exercise Class $ **10:00 Cheap Chickadee New Operating Hours** 12:00 Community Dining 1:00 Soul Line Dance w Ms. Anna $ 2:00 TangoStride $ **3:00 Easy Tango for Everyone $**	**2** **9:00 Tuina: Bodywork Clinic Chinese Massage $** 9:00 Open Studio Weaving $ 9:00 Spinning $ 10:30 Beach Volleyball 12:00 Community Dining 1:00 Mark's One-on-One Exercise Therapy $ 2:00 AA Holly Court Meeting Seattle Weavers' Guild	**3** 9:00 Open Studio Weaving $ 9:00 Mark's Exercise Class $ 9:00 Happy Hands Open Sew $ 10:00 Mark's Exercise Class $ 10:30 Conversational Spanish 12:00 Community Dining 1:00 Dominoes Mexican Train 1:00 Chess 1:00 Karaoke 2:00 SESSC Ukulele Group 2:00 AA Holly Court Meeting
6 9:00 Open Studio Weaving $ 9:00 Mark's Exercise Class $ 10:00 Mark's Exercise Class $ **10:00 Cheap Chickadee New Operating Hours** **10:30 Free Blood Pressure Check with Jacelyn** 12:00 Community Dining 1:00 Mahjong 1:00 Soul Line Dance w Ms. Anna $ 2:00 AA Holly Court Meeting	**7** 9:00 Open Studio Weaving $ 9:00 Weaving Tuesdays $ 10:30 Program Committe Meeting 11:00 Mark's Gentle Stretch $ 12:00 Community Dining 1:00 Dominoes Mexican Train 1:00 Chess 1:00 Kiwanis 1:30 Loving Self Meditation 2:00 AA Holly Court Meeting	**8** 9:00 Open Studio Weaving $ 9:00 Heather's Massage $ 9:00 Weaving Wednesdays $ 9:00 Mark's Exercise Class $ **10:00 Cheap Chickadee New Operating Hours** 10:00 Mark's Exercise Class $ 10:00 Fai's Embroidery, Sashiko, Mending Group $ **11:00 Balance & Board games w Seattle Rec N' the Streets** 12:00 Community Dining 1:00 Soul Line Dance w Ms. Anna $ 1:00 Fai's Rock Painting $ 2:00 TangoStride $ **2:00 Seattle Repertory Theatre - Fancy Dancer $** **3:00 Easy Tango for Everyone $**	**9** **9:00 Tuina: Bodywork Clinic Chinese Massage $** 9:00 Open Studio Weaving $ 10:30 Beach Volleyball 12:00 Community Dining 1:00 Mark's One-on-One Exercise Therapy $ **1:00 A Play on Words with Fai $** **1:30 Lunch & Learn: Providence PACE program and Agape homecare** 2:00 AA Holly Court Meeting	**10** 9:00 Open Studio Weaving $ 9:00 Mark's Exercise Class $ 9:00 Happy Hands Open Sew $ 10:00 Mark's Exercise Class $ **10:00 Veterans' Coffee Hour** 10:30 Conversational Spanish 12:00 Community Dining 1:00 Dominoes Mexican Train 1:00 Chess 1:00 Karaoke 2:00 SESSC Ukulele Group 2:00 AA Holly Court Meeting
 King County VSHSL Veterans, Seniors, & Human Services Levy			**SESSC UPCOMING CLOSURES** Oct 13, Mon: Indigenous Peoples Day Nov 11, Tue: Veterans Day Nov 27/28, Thu/Fri: Thanksgiving Day	
13 **CENTER IS CLOSED** **RECOGNIZING INDIGENOUS PEOPLES DAY** 	**14** 9:00 Open Studio Weaving $ 9:00 Weaving Tuesdays $ **9:30 Book Club: The new Wilderness by Diane Cook** **9:45 Expressive Dance Collective 9 week class** 11:00 Mark's Gentle Stretch $ 12:00 Community Dining 1:00 Dominoes Mexican Train 1:00 Chess 1:00 Kiwanis **1:00 Indigenous Peoples' Day Celebration with Fai** 1:30 Loving Self Meditation 2:00 AA Holly Court Meeting	**15** 9:00 Open Studio Weaving $ 9:00 Heather's Massage $ 9:00 Weaving Wednesdays $ 9:00 Mark's Exercise Class $ **10:00 Cheap Chickadee New Operating Hours** 10:00 Mark's Exercise Class $ 10:15 SESSC Poetry and Story Sharing **11:00 Balance & Board games w Seattle Rec N' the Streets** 12:00 Community Dining 1:00 Soul Line Dance w Ms. Anna $ 2:00 TangoStride $ **3:00 Easy Tango for Everyone $**	**16** **9:00 Tuina: Bodywork Clinic Chinese Massage $** 9:00 Open Studio Weaving $ 10:30 Beach Volleyball 12:00 Community Dining 1:00 Mark's One-on-One Exercise Therapy $ 2:00 AA Holly Court Meeting 	**17** 9:00 Open Studio Weaving $ 9:00 Mark's Exercise Class $ 9:00 Happy Hands Open Sew $ 10:00 Mark's Exercise Class $ 10:30 Conversational Spanish 12:00 Community Dining 1:00 Dominoes Mexican Train 1:00 Chess 1:00 Karaoke 2:00 SESSC Ukulele Group 2:00 AA Holly Court Meeting **3:00 Celebrating Mark Bryant**

OTHER ACTIVITIES

A full-size calendar of activities for next month will be printed and available at the center or online at sessc.org/news/

CALENDAR: OCTOBER

BY ALEXANDER ARCEO, SENIOR PROGRAMMING & LOGISTICS COORDINATOR

Monday	Tuesday	Wednesday	Thursday	Friday
20 9:00 Open Studio Weaving $ 9:00 Mark's Exercise Class $ **10:00 Cheap Chickadee New Operating Hours** 10:00 Mark's Exercise Class $ **10:30 Powerful Tools for Caregivers** **10:30 Free Blood Pressure Check with Jacelyn** 11:00 Humana - Medicare 12:00 Community Dining 1:00 Mahjong 1:00 Soul Line Dance w Ms. Anna $ 2:00 AA Holly Court Meeting **3:00 Dance for the Mind, Body, and Soul with Chris Daigre**	**21** 9:00 Open Studio Weaving $ 9:00 Weaving Tuesdays $ **9:45 Expressive Dance Collective 9 week class** **10:00 Fai's Creative Play Paper $** 11:00 Mark's Gentle Stretch $ **11:30 Medicare Open Enrollment Information** 12:00 Community Dining 1:00 Dominoes Mexican Train 1:00 Chess 1:00 Kiwanis 1:30 Loving Self Meditation 2:00 AA Holly Court Meeting	**22** 9:00 Open Studio Weaving $ 9:00 Heather's Massage $ 9:00 Weaving Wednesdays $ 9:00 Mark's Exercise Class $ **10:00 Cheap Chickadee New Operating Hours** 10:00 Mark's Exercise Class $ 10:00 Fai's Embroidery, Sashiko, Mending Group $ **11:00 Balance & Board games w Seattle Rec N' the Streets** 12:00 Community Dining 1:00 Soul Line Dance w Ms. Anna $ 1:00 Fai's Rock Painting $ 2:00 TangoStride $ **3:00 Easy Tango for Everyone $**	**23** **9:00 Tuina: Bodywork Clinic Chinese Massage $** 9:00 Open Studio Weaving $ 10:30 Beach Volleyball 12:00 Community Dining **1:00 A Play on Words with Fai $** 1:00 Mark's One-on-One Exercise Therapy $ 2:00 AA Holly Court Meeting **2:00 Community Resource Fair**	**24** 9:00 Open Studio Weaving $ 9:00 Mark's Exercise Class $ 9:00 Happy Hands Open Sew $ 10:00 Mark's Exercise Class $ 10:30 Conversational Spanish 12:00 Community Dining 1:00 Dominoes Mexican Train 1:00 Chess 1:00 Karaoke 2:00 SESSC Ukulele Group 2:00 AA Holly Court Meeting
27 9:00 Open Studio Weaving $ 9:00 Mark's Exercise Class $ **10:00 Cheap Chickadee New Operating Hours** 10:00 Mark's Exercise Class $ **10:30 Powerful Tools for Caregivers** **10:30 Free Blood Pressure Check with Jacelyn** 11:00 Humana - Medicare **11:00 POCAAN** 12:00 Community Dining 1:00 Mahjong 1:00 Soul Line Dance w Ms. Anna $ 2:00 AA Holly Court Meeting 2:00 Ukelele Gatherings **3:00 Dance for the Mind, Body, and Soul w Chris Daigre**	**28** 9:00 Open Studio Weaving $ 9:00 Weaving Tuesdays $ **9:45 Expressive Dance Collective 9 week class** **10:00 Fai's Creative Play Paper $** 11:00 Mark's Gentle Stretch $ 12:00 Community Dining **1:00 Dia De Los Muertos / Day of the Dead Celebration with Fai Coffin** 1:00 Dominoes Mexican Train 1:00 Chess 1:00 Kiwanis 1:30 Loving Self Meditation 2:00 AA Holly Court Meeting	**29** 9:00 Open Studio Weaving $ 9:00 Heather's Massage $ 9:00 Weaving Wednesdays $ 9:00 Mark's Exercise Class $ **10:00 Cheap Chickadee New Operating Hours** 10:00 Mark's Exercise Class $ **11:00 Balance & Board games w Seattle Rec N' the Streets** **12:00 Community Dining + Celebrating Our Eldest Veterans** 1:00 Soul Line Dance w Ms. Anna $ **3:00 Easy Tango for Everyone $** **4:00 Breast Cancer Workshop with Fred Hutch**	**30** **9:00 Tuina: Bodywork Clinic Chinese Massage $** 9:00 Open Studio Weaving $ 10:30 Beach Volleyball 12:00 Community Dining 1:00 Mark's One-on-One Exercise Therapy $ **2:00 Memory Café: DIY place mats** 2:00 AA Holly Court Meeting **4:30 Lifetime Members Celebration - Invitation only**	**31** 9:00 Open Studio Weaving $ 9:00 Mark's Exercise Class $ 9:00 Happy Hands Open Sew $ 10:00 Mark's Exercise Class $ 10:30 Conversational Spanish 12:00 Community Dining 1:00 Dominoes Mexican Train 1:00 Chess 1:00 Karaoke 2:00 SESSC Ukulele Group 2:00 AA Holly Court Meeting

LEGEND:
$: Activity requires a fee.
Bold: Indicates a new time, date or activity.



Fred Hutch Cancer Center

The Seattle Public Library



King County VSHSL Veterans, Seniors, & Human Services Levy

VETERANS' CORNER

Veterans' Coffee Hour
2nd Fridays, 10/10, 11/14, 12/12 from 10-11am
A dedicated time for veterans to gather and socialize.

Veterans' Appreciation Lunch
Wednesday, 10/29 from 12-1pm
Monday, 11/10 from 12-1pm
All veterans and their families are warmly welcomed to attend.

American Legion VSO Presentation for Veterans
Fridays, 11/7 from 10-11amVeteran or family member?
Learn about helpful resources and services you may not know about!

DIVERSITY, EQUITY, AND INCLUSION STATEMENT

At SESSC, we believe diversity, equity, and inclusion is about embracing EVERYONE! We cultivate a culture where employees, members, and participants can bring their best selves. We develop and implement initiatives that support and consider everyone. We do what it takes to build an unbiased and inclusive culture at our senior center and our community.

SPECIAL EVENTS

- Oct 14, 1-3pm – **Indigenous Peoples' Day Celebration**
  Join Fai Coffin as they honor Indigenous Peoples' Day, sharing culture, stories, and connection.
- Oct 17, 3-5pm – **Mark Bryant Celebration**
  Celebrate Mark with sips, snacks & community memories. RSVP
- **Souper Bowl Saturday Fundraiser - NEW DATE 01/24/2026**
  Choose a bowl, enjoy local soup, Dessert Dash & Silent Auction. Tickets here: $65-75
- Oct 20, 10:30am – **Powerful Tools for Caregivers**
  A free 6-week class to support unpaid caregivers in managing stress and self-care. RSVP with Jaime Clark
- Oct 23, 2-4:30pm – **Resource Fair**
  Connect with local services & organizations. Open to all! Want to table? Contact Alexar@sessc.org
- Oct 29, 12-1pm – **Celebrating Our Eldest Veterans**
  Chef Corday's lunch for our Edlest Veterans & their Families
- Oct 29, 4-6pm – **Breast Cancer Workshop**
  Breaking Barriers to Screening Access for People of Color Powered by Fred Hutch. RSVP
- Oct 30, 4:30-6pm – **Lifetime Members Celebration**
  Dinner by Chef Corday in honor of our Lifetime Members. RSVP required - Invitation only
- Nov 10, 12-1:30pm – **Veterans' Celebration**
  Luncheon for Veterans & their Families. RSVP
- Nov 15, 10am-3pm – **Holiday Bazaar**
  Shop local vendors, enjoy baked goods & enter the raffle. Contact Alexar@sessc.org to participate
- **TBD - Volunteer Appreciation**
  Huge thanks to our amazing volunteers! We appreciate everything you do!
- Nov 20, 12-1:30pm – **Birthday Lunch**
  Celebrate Oct-Dec birthdays with live music by CC Engel. Sponsored by The Lakeshore. RSVP
- Nov 27, 12-2pm – **Thanksgiving Lunch**
  Celebrate with members, family & friends. Donations welcome. RSVP
- Dec 5, 6-9pm – **Rainbow Bingo Fundraiser**
  21+ night games with Sylvia and The Sisters. Best Costume Contest. Tickets here: $30-40
- Dec 9, 12-1:30pm – **12 Days of Goodness**
  Holiday lunch with Seahawks legends, raffle & prizes. RSVP required
- Dec 13, 11am-1pm – **Holiday Community Brunch**
  Festive brunch to welcome the season. Tickets: $40-$60
- Dec 20, 10am-2pm – **Open House**
  A special day to explore activities and programs, open to the entire community
- Dec 20, 2-4pm – **Dance Party**
  Join us for another fun dance party. Tickets: $20-$30
- Dec 17 – **Seattle Repertory Theatre**
  Come From Away. Show time: 2pm. Tickets: $20 - Transportation not provided
- Dec 18, 1-3pm – **Hanukkah Celebration**
  Fai Coffin honors Hanukkah by sharing its traditions and light.
- Dec 29, 10:30-11:30am – **Kwanzaa Celebration**
  Marilyn Crabtree is back joyfully sharing the meaning and spirit of Kwanzaa

BOARD OF DIRECTORS

We are actively seeking additional board members, especially individuals with a CPA or accounting background, a tech-savvy person, or an attorney. If you are interested, please reach out to Dawn Crownover at dawncrownover@gmail.com



Sharon Ayers
Retired Educator
Fundraising and Board Development Committee



Rev Joseph Connor
Retired Social Worker
Finance Chair Committee



Dawn Crownover
Mortgage Banker
Board Chair



Nancy Gratton
Retired, SPD & Recruiter
Fundraising Committee



Lynda Greene
Retired, SESSC
Executive Director



Chris Jeffries
Retired, Seattle Times
Property Committee
Chair



Donna Kimbrough
Retired KCHA HR Executive
Finance Board
Development Committee



Jen Lottis
Small Business Owner
Fundraising Committee
Chair



Loretta McIver
Retired, SPS Educator
Fundraising Committee

VOLUNTEER NEWS

BY TAIS ASSEM, VOLUNTEER COORDINATOR

Top 3 Reasons to Volunteer at SESSC

- **Make a Difference** – Your time and care directly support seniors in our community.
- **Build Connections** – Meet incredible people and be part of a warm, welcoming team.
- **Have Fun!** – Lively lunches, special events, and plenty of laughs along the way.

Ready to make a difference? Join us today!
Contact me at taisa@sessc.org or call 206-722-0317 ext. 103 to find the perfect volunteer opportunity that fits your schedule and passion.

Your time truly matters—let's keep the Center vibrant and welcoming together!

- Dishwasher (Mon-Fri, 11am-2pm)
- Thrift Store Salesperson (Mon & Wed, 10am-2pm)
- Servers (Mon-Fri, 11:45am-1:45 pm)
- Ride-along (Mon-Fri, 9:30am-11:30am)
- Special Events & Fundraisers Volunteer



CHERISHED MOMENTS

Gisela Baxter often likes to say she has been involved with the SESSC "since the purchase of furniture!" As a member of the Center for more than 30 years, in 2016, Gisela was presented the Trailblazer award in recognition of her unparalleled commitment to the SouthEast Seattle Senior Center and the Rainier Valley community. Gisela and her husband Byron were longtime residents of the Rainier Valley.

Gisela was instrumental in the building of the Center as well as the leader of the major remodel of the Center in 2009. Gisela spent countless years in guiding the Center to a healthy financial state. She also led the Property Committee of the Board of Directors by providing direction for the purchase and sale of the Center's property.

Now that Gisela is older and no longer resides in the family home in the Rainier Valley, she confesses that at this time in her life, she mostly comes to the Center for the hugs. And although she can't frequent the Center as often, she is still an active member of the Board of Directors, directing her attention on the building and grounds maintenance.







- Gisela and Catherine enjoying lunch, 2023
- Celebrating with family and friends during a Wine Tasting event, 2015
- Honoring Gisela at the Room Naming Ceremony with family, friends, and staff, 2022

Gisela Edith Baxter Obituary - August 8, 1935 - September 2, 2025

"Gisela Baxter, born August 8, 1935 in Kusel, Germany near present-day Ramstein AFB, passed away on September 2, 2025. She married Byron Baxter in 1957 and moved to the U.S. in 1958, settling in Seattle after a brief stay in Tillamook, Oregon.

A devoted mother of two, Gisela was active in pre-school programs, PTA (Whitworth, Sharples, South Shore, Franklin High), Boy Scouts, and the Lakewood/Seward Park Community Club. In the late 1980s, she began working in affordable housing, contributing to projects like Kingway and Cambridge apartments, the Southeast Seattle Senior Center, and the Brighton apartments for seniors.

She was preceded in death by Byron (2014) and is survived by sons Eric (Joanne) of Atlanta and Marc (Heidi) of Mercer Island, four grandchildren (Steffani, Michael, Kate, and Will), and several nieces and nephews in the U.S. and Germany.

Gisela loved traveling, the symphony and opera, playing bridge, finding treasures at garage sales, and cherished summers on Orcas Island. Remembrances may be sent to the Southeast Seattle Senior Center, 4655 South Holly, Seattle WA 98118." From Seattle Times

Join the SouthEast Seattle Senior Center

Explore connection, creativity, and care—right in the heart of your vibrant multicultural community.



2025 Fall Membership

Renew Individual Membership	$80/year
New Individual Membership	$100/year
Individual Lifetime Membership	$1,500

SIGN UP TODAY

To join or renew your membership, please visit the Front Desk, scan the code, or call 206-722-0317

THE SESSC MISSION STATEMENT

We provide services, activities, and support to promote self-sufficient and fulfilling lives for aging adults (50+) in our multicultural community.

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Check out our Membership perks and Board opportunities! Don't miss this chance to join a great community! Call 206-722-0317

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Vibrant Diverse Caring
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Website: www.sessc.org
Facebook and Instagram: southeastseattleseniorcenter
Youtube: southeastseattleseniorcent2194

RESOURCES

Notary Public Services at SESSC
Call Mary Downs at 206-722-0317 to make an appointment. Cost: $10

Holly Court AA Meetings at SESSC
This AA group meets on Monday, Tuesday, Thursday and Friday from 2:00-3:30pm and on Sundays from 6:00-7:30pm.

Medical Equipment
SESSC has a small inventory of home-health aids available.
Call Jaime 206-722-0317 to learn more.

2-1-1 Community Resource Line
Dial 2-1-1 to receive information for a referral specialist in King County.

Meals on Wheels
Receive nutritionally balanced meals delivered to your door. Call Sound Generations at 206-448-3110 for more info.

Minor Home Repair
Call Sound Generations to find out if you are eligible for low-cost minor home repair at 206-448-5751

Senior Rights Assistance
For concerns about insurance, social security, and more, call Senior Rights Assistance at 206-448-5720

Transportation
Hyde Shuttle: 206-727-6262
ACCESS: 206-205-5000
Volunteer Transportation: 206-448-5740